

Event	Name	Club	Time
1	Chloe Rochon	WLRC	00:18.99
1	Kyra Hannah	VAL	00:19.52
1	Maddie Pfeiffer	HYC	00:20.18
1	Billie Racicot	LASL	00:21.12
1	Juliette Piche	LASL	00:21.84
1	Allannah Bristow	HCOM	00:22.16
1	Alexa Raelson	HCOM	00:22.47
1	Sarah Daoust-Boucher	SENVL	00:22.53
1	Alyssa Fangor	PVPC	00:22.96
1	Jessie Hebert	PVPC	00:23.12
1	Madison Bell	VAL	00:26.25
1	Rosalie Young	HYC	00:26.45
1	Katherine Rheume	WLRC	00:26.88
1	Oona Joy	SENVL	00:27.72
1	Madison Schapowal	PIN	00:33.47
1	Kiara Brown	PIN	01:48.50
2	Sherif Assi	WLRC	00:17.31
2	Alexandre Grant	PVPC	00:18.27
2	David Crombie	PVPC	00:18.90
2	Connor Milligan	PIN	00:18.97
2	William Lafleur	HYC	00:19.77
2	Mathieu Timbro	LASL	00:20.37
2	Kevin Camara	LASL	00:23.37
2	Tristan Pilon	SENVL	00:24.55
2	Ryan DeAngelis	WLRC	00:24.94
2	Justin Stauch	VAL	00:25.82
2	Conner McArthur	HCOM	00:27.41
2	Devin Quinn	VAL	00:28.55
2	Zachary Beauregard	HCOM	00:32.02
2	Alexandre Rousseau	PIN	00:34.37
2	Empty Lane	HYC	08:08.08
2	Empty Lane	SENVL	08:08.08
3	Carlina Robinson	PIN	00:32.33
3	Sarah Assi	WLRC	00:32.74
3	Megan Mccullough	VAL	00:34.36
3	Melynda-Sue Marquis	PIN	00:35.64
3	Jordan Mckenzie	PVPC	00:36.68
3	Taylor Pogue	PVPC	00:36.75
3	Jessica Thompson	HYC	00:37.13
3	Kayleigh Mackenzie	HCOM	00:37.36
3	Kelsey Ross	VAL	00:37.69
3	Hannah Dolski	HCOM	00:37.99
3	Gabriella Darocha	HYC	00:39.02
3	Julie Clark	LASL	00:40.36
3	Ariane Lalonde	WLRC	00:40.52
3	Devon Van Der Weyden	SENVL	00:46.75
3	Empty Lane	SENVL	08:08.08
3	Empty Lane	LASL	08:08.08
4	Spencer Bougie	PIN	00:30.52
4	Mathew Lapierre	VAL	00:36.90
4	Bruce Black	WLRC	00:37.68

4	Thomas Ferland	PVPC	00:38.35
4	James Birch	HCOM	00:38.66
4	Nicholas Pfeiffer	HYC	00:43.15
4	Benoit Gauvin	LASL	00:46.69
4	Troy Arsenian	PIN	00:54.98
4	Alex Vialette	PVPC	00:55.83
4	Empty Lane	HYC	08:08.08
4	Empty Lane	WLRC	08:08.08
4	Empty Lane	SENVL	08:08.08
4	Empty Lane	LASL	08:08.08
4	Empty Lane	VAL	08:08.08
4	Empty Lane	HCOM	08:08.08
4	Empty Lane	SENVL	08:08.08
5	Saidye Assi	WLRC	00:30.54
5	Jordan Penny	HCOM	00:32.35
5	Catherine Nadeau	LASL	00:32.89
5	Emily Gribbin	HYC	00:32.91
5	Jessica Matschek	WLRC	00:33.77
5	Samantha Hodhod	HCOM	00:33.86
5	Chloe Massenet	HYC	00:34.07
5	Tory Heseltine	SENVL	00:34.45
5	Catherine Millette	VAL	00:35.65
5	Veronica Gonzalez	LASL	00:35.66
5	Shey Cyr	PIN	00:37.93
5	Emma Neeson	PIN	00:40.63
5	Lauren Lawton-Kruse	VAL	00:42.34
5	Sarah Young	PVPC	00:42.69
5	Marie-Eve Lapierre	PVPC	00:44.28
5	Empty Lane	SENVL	08:08.08
6	Jean-Philippe Guy	LASL	00:27.74
6	Sean Ross	VAL	00:28.78
6	Devin Taylor	HYC	00:31.19
6	Eric Gilmartin	VAL	00:32.92
6	Yann Desvoyault	LASL	00:34.28
6	Mathieu Guilbault	HCOM	00:35.47
6	Keith McKenzie	WLRC	00:35.60
6	Alex Milonas	HCOM	00:36.68
6	Denver Brown	PIN	00:41.04
6	Derek Prolas	WLRC	00:45.45
6	Empty Lane	HYC	08:08.08
6	Empty Lane	SENVL	08:08.08
6	Empty Lane	PIN	08:08.08
6	Empty Lane	PVPC	08:08.08
6	Empty Lane	PVPC	08:08.08
6	Empty Lane	SENVL	08:08.08
7	Molly Mccullough	VAL	00:27.87
7	Miyoko Fulleringer	WLRC	00:27.88
7	Cassandra Milonas	HCOM	00:28.02
7	Emilie Messier	WLRC	00:28.90
7	Meryl Gagnier	PVPC	00:29.58
7	Tania Stratti	HCOM	00:29.78
7	Dora Bartulovic	PVPC	00:30.27

7 Victoria Smith	SENVL	00:30.81
7 Marilyne Boutin	LASL	00:31.00
7 Margaret Marak	VAL	00:31.06
7 Melanie Mathieu	HYC	00:31.47
7 Audrey Laurence	LASL	00:33.86
7 Stephanie Whipple	PIN	00:37.64
7 Empty Lane	HYC	08:08.08
7 Empty Lane	SENVL	08:08.08
7 Empty Lane	PIN	08:08.08
8 Julian McNamee	WLRC	00:26.28
8 Charles-Edouard Laberge	LASL	00:28.80
8 Eric Ross	VAL	00:28.83
8 George Robertson	SENVL	00:29.78
8 Andrew Gulik	VAL	00:30.70
8 Ryan Biddles	WLRC	00:36.59
8 Izaak Brown	PIN	00:38.06
8 Raphael Maltais	PIN	00:44.53
8 Empty Lane	HYC	08:08.08
8 Empty Lane	SENVL	08:08.08
8 Empty Lane	LASL	08:08.08
8 Empty Lane	HYC	08:08.08
8 Empty Lane	HCOM	08:08.08
8 Empty Lane	PVPC	08:08.08
8 Empty Lane	HCOM	08:08.08
8 Empty Lane	PVPC	08:08.08
9 VAL 8 and under Girls	VAL	00:31.43
9 WRLC 8 and under Girls	WLRC	00:31.59
9 HCOM 8 and under Girls	HCOM	00:33.70
9 PVPC 8 and under Girls	PVPC	00:35.42
9 SENVL 8 and under Girls	SENVL	08:08.08
9 Empty Lane	HYC	08:08.08
9 Empty Lane	PIN	08:08.08
9 Empty Lane	LASL	08:08.08
10 PVPC 8 and under Boys	PVPC	01:19.19
10 WLRC 8 and under Boys	WLRC	01:27.58
10 LASL 8 and under Boys	LASL	01:36.94
10 HCOM 8 and under Boys	HCOM	01:47.68
10 PIN 8 and under Boys	PIN	01:49.99
10 Empty Lane	HYC	08:08.08
10 Empty Lane	SENVL	08:08.08
10 VAL 8 and under Boys	VAL	08:08.08
11 Patricia Lanoue	VAL	00:26.94
11 Caitlin Chapman	VAL	00:27.50
11 Kassandra DelGreco	HCOM	00:28.14
11 Ann Bartulovic	PVPC	00:28.63
11 Caroline Hebert	HCOM	00:28.67
11 Sara Dick	PVPC	00:28.69
11 Alannah Bougie	PIN	00:29.00
11 Marie Noelle Beaulieu	PIN	00:29.46
11 Marie-Annick Laurendeau	LASL	00:29.71
11 Lauren Curtis	HYC	00:30.18
11 Alexandra Lemieux	SENVL	00:30.84

11	Caitlin Jenkins	SENVL	00:30.97
11	Elisabeth McNamee	WLRC	00:31.11
11	Christina Randle	WLRC	00:31.54
11	Empty Lane	HYC	08:08.08
11	Empty Lane	LASL	08:08.08
12	Christopher Buna	VAL	00:23.46
12	Jf Mondoux	PVPC	00:23.62
12	Christopher Jackson	LASL	00:24.15
12	Julian Hirsh-Pearson	VAL	00:24.96
12	Mike Igaz	HCOM	00:25.43
12	Scott Mart	SENVL	00:25.99
12	Patrick Wilken	WLRC	00:26.56
12	Jean Luc Damour	PIN	00:27.13
12	Julien Houde	PVPC	00:27.35
12	Jeremy Campbell	WLRC	00:29.14
12	Mike Desevigne	HCOM	00:30.01
12	Ryan Maclean	SENVL	00:30.07
12	Corbin Brown	PIN	00:32.16
12	Empty Lane	HYC	08:08.08
12	Empty Lane	LASL	08:08.08
12	Empty Lane	HYC	08:08.08
13	Beatrice Roberts	HCOM	00:25.99
13	Charlotte Normandeau	WLRC	00:26.80
13	Mara Brian	VAL	00:27.29
13	Billie Racicot	LASL	00:28.63
13	Emma Claude Hawthornthwaite	HCOM	00:28.83
13	Jessie Hebert	PVPC	00:28.83
13	Katherine Rheaume	WLRC	00:28.95
13	Shealyn Carrol	HYC	00:29.90
13	Sydney Dossantos	PVPC	00:30.52
13	Elena Savidge	SENVL	00:31.66
13	Madison Bell	VAL	00:34.59
13	Caroline Daoust-Boucher	SENVL	00:38.09
13	Madison Schapowal	PIN	00:44.71
13	Empty Lane	HYC	08:08.08
13	Empty Lane	PIN	08:08.08
13	Empty Lane	LASL	08:08.08
14	Luc Plamondon	PVPC	00:25.13
14	Alex Reid	SENVL	00:25.25
14	Max Schapowal	PIN	00:26.02
14	Nathan Arns	WLRC	00:26.19
14	Matthew Mckenzie	PVPC	00:26.72
14	Tristan Pilon	SENVL	00:28.65
14	Matthew Mackenzie	HCOM	00:28.95
14	Arthur Sallustio	LASL	00:29.31
14	Justin Stauch	VAL	00:31.84
14	Robert Darocha	HYC	00:32.00
14	Marcus Tappert	HYC	00:33.40
14	Steven Alarcon	PIN	00:35.73
14	Vincent Foissy	LASL	00:37.22
14	Ryan DeAngelis	WLRC	00:40.97
14	Zachary Beaugard	HCOM	00:47.34

14 Gus Cardin	VAL	00:52.10
15 Tanya Filippone	HCOM	00:46.48
15 Cassandra McKenzie	WLRC	00:46.63
15 Jordan Mckenzie	PVPC	00:48.11
15 Gabrielle Dillingham-Blais	HCOM	00:48.67
15 Taylor Pogue	PVPC	00:49.68
15 Kelsey Ross	VAL	00:50.96
15 Rebecca Lavery	WLRC	00:51.18
15 Melynda-Sue Marquis	PIN	00:51.92
15 Simone Brian	VAL	00:52.09
15 Kylee Johnson	HYC	00:53.26
15 Isabella Alarcon	PIN	00:54.16
15 Melanie Branchaud	LASL	00:55.97
15 Sarah Lafleur	HYC	00:56.68
15 Devon Van Der Weyden	SENVL	01:01.37
15 Valerie Gauthier	LASL	01:11.19
15 Empty Lane	SENVL	08:08.08
16 Jeremy Gribbin	HYC	00:50.80
16 Justin Stratti	HCOM	00:52.85
16 Elie Bernard	PVPC	00:52.89
16 Travis Mcgregor	VAL	00:53.47
16 Mathieu Menniti	LASL	00:55.74
16 Matthew Lapierre	VAL	00:56.64
16 Graham Smith	HCOM	00:56.83
16 Ryan Campbell	WLRC	00:57.11
16 Joseph Leonidas	PVPC	00:57.68
16 Ian Carrie	WLRC	01:00.03
16 Brandon Cox	PIN	01:04.39
16 Empty Lane	HYC	08:08.08
16 Empty Lane	SENVL	08:08.08
16 Empty Lane	PIN	08:08.08
16 Empty Lane	LASL	08:08.08
16 Empty Lane	SENVL	08:08.08
17 Val Vrion	VAL	00:36.57
17 Marissa Mateus	WLRC	00:39.96
17 Hayley Dwyer	VAL	00:40.50
17 Erika Bernard	PVPC	00:40.59
17 Jordan Penny	HCOM	00:41.32
17 Valerie Plante-Brisebois	HYC	00:43.84
17 Catherine Nadeau	LASL	00:44.63
17 Chloe Massenet	HYC	00:46.43
17 Rhianne Mackenzie	HCOM	00:46.75
17 Emma Deangelis	WLRC	00:50.67
17 Emma Neeson	PIN	00:51.20
17 Sarah Young	PVPC	00:53.15
17 Julie Gauvin	LASL	00:55.78
17 Julia Alarcon	PIN	00:59.73
17 Empty Lane	SENVL	08:08.08
17 Empty Lane	SENVL	08:08.08
18 Kyle Acton	VAL	00:37.80
18 Louis-Simon Hubert	LASL	00:42.09
18 Julien Laurendeau	PIN	00:44.97

18	Mattie Carroll	HYC	00:47.08
18	Keith McKenzie	WLRC	00:48.25
18	Philippe Primeau	LASL	00:48.48
18	Kyle Glover	VAL	00:48.59
18	Alex Milonas	HCOM	00:51.62
18	Andrew Oster	HCOM	00:56.15
18	Mathew Cox	PIN	01:03.77
18	Empty Lane	HYC	08:08.08
18	Empty Lane	WLRC	08:08.08
18	Empty Lane	SENVL	08:08.08
18	Empty Lane	PVPC	08:08.08
18	Empty Lane	PVPC	08:08.08
18	Empty Lane	SENVL	08:08.08
19	Taryn Carroll	HYC	00:36.69
19	Lauren Bougie	PIN	00:36.87
19	Bryana Ortiz	WLRC	00:37.60
19	Emilie Messier	WLRC	00:38.51
19	Hailey Oster	HCOM	00:38.82
19	Alivia Goldenberg	HYC	00:40.46
19	Michelle Lemoeligou	LASL	00:41.35
19	Ally Pogue	PVPC	00:41.49
19	Kristyna Spooner	VAL	00:42.42
19	Meryl Gagnier	PVPC	00:42.77
19	Leila Bast	HCOM	00:43.36
19	Kristen Hirsh-Pearson	VAL	00:44.50
19	Bianca Lapensee	PIN	00:45.16
19	Jessica Maclean	SENVL	00:48.65
19	Gabrielle Lemay	LASL	00:50.30
19	Empty Lane	SENVL	08:08.08
20	Patrick Lanouette	VAL	00:32.26
20	Julian McNamee	WLRC	00:33.07
20	Kassy Fillion	LASL	00:33.32
20	Charles-Edouard Laberge	LASL	00:39.58
20	George Robertson	SENVL	00:42.50
20	Jahon Mousavi-Torbati	VAL	00:44.89
20	Ryan Biddles	WLRC	00:47.63
20	Raphael Maltais	PIN	00:50.56
20	Izaac Brown	PIN	00:53.12
20	Empty Lane	HYC	08:08.08
20	Empty Lane	SENVL	08:08.08
20	Empty Lane	HYC	08:08.08
20	Empty Lane	HCOM	08:08.08
20	Empty Lane	PVPC	08:08.08
20	Empty Lane	HCOM	08:08.08
20	Empty Lane	PVPC	08:08.08
21	Myriam Donato	VAL	00:33.46
21	Sandra Warren	SENVL	00:33.56
21	Caitlin Chapman	VAL	00:34.46
21	Alannah Bougie	PIN	00:35.75
21	Marie-Annick Laurendeau	LASL	00:36.49
21	Nicola Smith	HCOM	00:38.17
21	Lianna Myrand	WLRC	00:38.83

21 Ann Bartulovic	PVPC	00:39.84
21 Christina Randle	WLRC	00:41.41
21 Megan Bast	HCOM	00:42.34
21 Marika Barszcz	PVPC	00:42.93
21 Roxane Jones Langlois	PIN	00:45.88
21 Empty Lane	HYC	08:08.08
21 Empty Lane	SENVL	08:08.08
21 Empty Lane	LASL	08:08.08
21 Empty Lane	HYC	08:08.08
22 Christopher Buna	VAL	00:29.31
22 Dave Meloche	VAL	00:31.09
22 Alexandre Lemoeligou	LASL	00:31.35
22 Julien Hubert	LASL	00:32.34
22 Luc Fillion	WLRC	00:34.76
22 Ryan Kelly	WLRC	00:35.32
22 Dan Igaz	HCOM	00:36.92
22 Ben Somers	PVPC	00:38.43
22 Brad Kouri	PVPC	00:40.78
22 Corbin Brown	PIN	00:44.23
22 Empty Lane	HYC	08:08.08
22 Empty Lane	SENVL	08:08.08
22 Empty Lane	HYC	08:08.08
22 Empty Lane	PIN	08:08.08
22 Empty Lane	HCOM	08:08.08
22 Empty Lane	SENVL	08:08.08
23 Beatrice Roberts	HCOM	00:23.51
23 Sarah Daoust-Boucher	SENVL	00:25.16
23 Kyra Hannah	VAL	00:25.52
23 Katie Marunzak	VAL	00:26.15
23 Nicole Roitenberg	PVPC	00:26.29
23 Alyssa Fangor	PVPC	00:27.42
23 Michelle Menniti	LASL	00:27.66
23 Veronique Aubris	WLRC	00:29.58
23 Juliette Piche	LASL	00:30.25
23 Charlotte Normandeau	WLRC	00:31.41
23 Sophia Lopocard	HCOM	00:33.33
23 Oona Joy	SENVL	00:33.85
23 Empty Lane	HYC	08:08.08
23 Empty Lane	PIN	08:08.08
23 Empty Lane	HYC	08:08.08
23 Empty Lane	PIN	08:08.08
24 Sherif Assi	WLRC	00:20.19
24 Patrick Beland	VAL	00:22.40
24 Alexandre Grant	PVPC	00:23.28
24 Connor Milligan	PIN	00:24.68
24 Mathieu Timbro	LASL	00:25.38
24 Adrian Bourassa	HCOM	00:25.69
24 William Lafleur	HYC	00:25.91
24 Marcus Tappert	HYC	00:27.63
24 Matthew Mckenzie	PVPC	00:30.34
24 Bruce Ducross	WLRC	00:32.76
24 Keagan Brown	PIN	00:33.09

24 Kevin Camara	LASL	00:35.07
24 Devin Quinn	VAL	00:35.96
24 Conner McArthur	HCOM	00:37.22
24 Empty Lane	SENVL	08:08.08
24 Empty Lane	SENVL	08:08.08
25 Sarah Assi	WLRC	00:38.61
25 Carmen Robinson	PIN	00:39.03
25 Brittany Mcmillan	VAL	00:42.31
25 Christie Heseltine	SENVL	00:44.17
25 Hannah Dolski	HCOM	00:44.73
25 Sarah-Amelia Maurovich	PVPC	00:45.55
25 Julie Clark	LASL	00:45.78
25 Melina Holmes	PVPC	00:48.33
25 Megan Owen	HCOM	00:49.29
25 Virginie Laurendeau	PIN	00:51.50
25 Melanie Branchaud	LASL	00:52.10
25 Simone Brian	VAL	00:53.68
25 Kylee Johnson	HYC	00:53.92
25 Rebecca Lavery	WLRC	00:58.91
25 Empty Lane	SENVL	08:08.08
25 Empty Lane	HYC	08:08.08
26 Noah Shaw-Muller	VAL	00:42.15
26 Bruce Black	WLRC	00:44.90
26 Nicholas Pfeiffer	HYC	00:49.06
26 Elie Bernard	PVPC	00:51.86
26 Justin Stratti	HCOM	00:52.52
26 Maxime Goedike	LASL	00:59.33
26 Caleb Holding	HCOM	01:01.89
26 Troy Arsenian	PIN	01:03.99
26 Ian Carrie	WLRC	01:06.79
26 Benoit Gauvin	LASL	01:07.55
26 Brandon Cox	PIN	01:08.94
26 Alex Vialette	PVPC	01:09.20
26 Empty Lane	HYC	08:08.08
26 Empty Lane	SENVL	08:08.08
26 Empty Lane	VAL	08:08.08
26 Empty Lane	SENVL	08:08.08
27 Amy Pileggi	VAL	00:32.49
27 Gabrielle Beaudoin	PVPC	00:35.50
27 Hayley Dwyer	VAL	00:37.70
27 Laurence Pilon	SENVL	00:38.50
27 Marissa Mateus	WLRC	00:39.33
27 Taylor Castator	HCOM	00:42.46
27 Kaeleigh Muir	PIN	00:43.64
27 Gioia Sallustio	LASL	00:43.90
27 Emma Deangelis	WLRC	00:44.09
27 Aleena Massenet	HYC	00:46.78
27 Tara Bast	HCOM	00:46.89
27 Marie-Eve Lapierre	PVPC	00:52.21
27 Julia Alarcon	PIN	00:55.63
27 Empty Lane	SENVL	08:08.08
27 Empty Lane	HYC	08:08.08

27 Julie Gauvin	LASL	09:09.09
28 Sean Ross	VAL	00:32.79
28 Jean-Philippe Guy	LASL	00:33.09
28 Mathieu Guilbault	HCOM	00:40.82
28 Nicholas Boudreau	HCOM	00:41.89
28 Yann Desvoyault	LASL	00:42.14
28 Brendan Gallagher	VAL	00:45.20
28 Denver Brown	PIN	00:47.56
28 Mathew Cox	PIN	00:55.97
28 Derek Prolas	WLRC	01:03.72
28 Empty Lane	HYC	08:08.08
28 Empty Lane	WLRC	08:08.08
28 Empty Lane	SENVL	08:08.08
28 Empty Lane	HYC	08:08.08
28 Empty Lane	PVPC	08:08.08
28 Empty Lane	PVPC	08:08.08
28 Empty Lane	SENVL	08:08.08
29 Tania Stratti	HCOM	00:33.55
29 Katie Boutilier	VAL	00:36.41
29 Michelle McKenzie	WLRC	00:36.53
29 Andrea Falvo	PVPC	00:37.27
29 Lauren Bougie	PIN	00:37.47
29 Ally Pogue	PVPC	00:37.81
29 Melanie Mathieu	HYC	00:38.20
29 Hailey Oster	HCOM	00:38.43
29 Shanna Lauzon	LASL	00:39.66
29 Kristen Hirsh-Pearson	VAL	00:40.25
29 Pamela Mabe	WLRC	00:41.38
29 Jessica Maclean	SENVL	00:42.86
29 Bianca Lapensee	PIN	00:45.44
29 Gabrielle Lemay	LASL	00:46.45
29 Empty Lane	HYC	08:08.08
29 Empty Lane	SENVL	08:08.08
30 Michael Heseltine	SENVL	00:33.99
30 Eric Ross	VAL	00:35.27
30 David Reid	SENVL	00:36.28
30 Louis-Michel Dubreuil	PIN	00:36.33
30 Connor Muir	PIN	00:38.43
30 Francis Lauzon	LASL	00:51.92
30 Jahon Mousavi-Torbati	VAL	00:52.22
30 Empty Lane	HYC	08:08.08
30 Empty Lane	WLRC	08:08.08
30 Empty Lane	HYC	08:08.08
30 Empty Lane	HCOM	08:08.08
30 Empty Lane	PVPC	08:08.08
30 Empty Lane	HCOM	08:08.08
30 Empty Lane	PVPC	08:08.08
30 Nicholas Mascaro	WLRC	09:09.09
30 Philip Guidi	LASL	09:09.09
31 Kassandra DelGreco	HCOM	00:30.90
31 Myriam Donato	VAL	00:30.92
31 Caitlin Gulik	VAL	00:31.70

31	Vanessa Grillo	PVPC	00:33.89
31	Ann Bartulovic	PVPC	00:34.66
31	Karine Murray	HYC	00:37.11
31	Elisabeth McNamee	WLRC	00:37.72
31	Isabelle D`Amour	PIN	00:37.77
31	Christy Hebert	HCOM	00:37.83
31	Amelie Drolet	PIN	00:38.18
31	Jackie Ducross	WLRC	00:38.27
31	Sandra Verdon	LASL	00:38.58
31	Caitlin Jenkins	SENVL	00:39.16
31	Christine Reid	LASL	00:41.09
31	Empty Lane	HYC	08:08.08
31	Mireille Sayegh	SENVL	08:08.08
32	Alex Davidson	VAL	00:26.46
32	Steven Pileggi	VAL	00:28.24
32	Daniel Jackson	LASL	00:31.13
32	Brad Kouri	PVPC	00:33.69
32	Mathew Lemieux	SENVL	00:34.11
32	Julien Hubert	LASL	00:34.52
32	Luc Fillion	WLRC	00:34.92
32	Julien Houde	PVPC	00:35.52
32	Mike Desevigne	HCOM	00:37.47
32	Jeremy Campbell	WLRC	00:39.74
32	Empty Lane	HYC	08:08.08
32	Empty Lane	PIN	08:08.08
32	Empty Lane	HYC	08:08.08
32	Empty Lane	PIN	08:08.08
32	Empty Lane	HCOM	08:08.08
32	Empty Lane	SENVL	08:08.08
33	Mara Brian	VAL	00:23.38
33	Maddie Pfeiffer	HYC	00:23.54
33	Chloe Rochon	WLRC	00:23.84
33	Katie Marunzak	VAL	00:27.80
33	Allannah Bristow	HCOM	00:29.00
33	Katherine Rheaume	WLRC	00:31.20
33	Michelle Menniti	LASL	00:31.47
33	Nicole Roitenberg	PVPC	00:31.60
33	Sydney Dossantos	PVPC	00:31.91
33	Sophia Lopocaro	HCOM	00:32.79
33	Elena Savidge	SENVL	00:35.27
33	Empty Lane	HYC	08:08.08
33	Empty Lane	SENVL	08:08.08
33	Empty Lane	PIN	08:08.08
33	Empty Lane	PIN	08:08.08
33	Empty Lane	LASL	08:08.08
34	Nathan Arns	WLRC	00:25.00
34	Patrick Beland	VAL	00:26.05
34	Jeremie Courtois	PVPC	00:26.77
34	David Crombie	PVPC	00:26.85
34	Max Schapowal	PIN	00:27.04
34	Adrian Bourassa	HCOM	00:28.46
34	Daniel Charlot	LASL	00:30.38

34	Bruce Ducross	WLRC	00:31.31
34	Arthur Sallustio	LASL	00:32.76
34	Matthew Mackenzie	HCOM	00:34.34
34	Keagan Brown	PIN	00:34.90
34	Robert Darocha	HYC	00:35.41
34	Gus Cardin	VAL	01:06.25
34	Empty Lane	HYC	08:08.08
34	Empty Lane	SENVL	08:08.08
34	Empty Lane	SENVL	08:08.08
35	Carmen Robinson	PIN	00:16.02
35	Carlina Robinson	PIN	00:16.87
35	Sarah-Amelia Maurovich	PVPC	00:18.19
35	Jessica Thompson	HYC	00:18.40
35	Kayleigh Mackenzie	HCOM	00:19.14
35	Brittany Mcmillan	VAL	00:19.45
35	Cassandra McKenzie	WLRC	00:19.61
35	Tanya Filippone	HCOM	00:20.28
35	Megan McCullough	VAL	00:20.31
35	Gabriella Darocha	HYC	00:20.39
35	Melina Holmes	PVPC	00:20.53
35	Christie Heseltine	SENVL	00:21.44
35	Alexandra Perron	LASL	00:25.37
35	Amanda Denischuck	WLRC	00:31.76
35	Valerie Gauthier	LASL	00:44.01
35	Empty Lane	SENVL	08:08.08
36	Spencer Bougie	PIN	00:16.06
36	Noah Shaw-Muller	VAL	00:17.56
36	Travis McGregor	VAL	00:20.54
36	Thomas Ferland	PVPC	00:20.87
36	James Birch	HCOM	00:23.73
36	Jeremy Gribbin	HYC	00:24.18
36	Mathieu Menniti	LASL	00:25.12
36	Ryan Campbell	WLRC	00:26.00
36	Maxime Goedike	LASL	00:26.03
36	Caleb Holding	HCOM	00:27.07
36	Joseph Leonidas	PVPC	00:29.68
36	Empty Lane	HYC	08:08.08
36	Empty Lane	SENVL	08:08.08
36	Empty Lane	PIN	08:08.08
36	Empty Lane	WLRC	08:08.08
36	Empty Lane	SENVL	08:08.08
37	Ashley McGregor	VAL	00:30.19
37	Amy Pileggi	VAL	00:33.20
37	Erika Bernard	PVPC	00:34.44
37	Gabrielle Beaudoin	PVPC	00:34.64
37	Saidye Assi	WLRC	00:35.01
37	Emily Gribbin	HYC	00:37.03
37	Laurence Pilon	SENVL	00:37.84
37	Jessica Matschek	WLRC	00:38.93
37	Valerie Plante-Brisebois	HYC	00:40.62
37	Tory Heseltine	SENVL	00:41.85
37	Kaeleigh Muir	PIN	00:42.21

37	Samantha Hodhod	HCOM	00:42.29
37	Veronica Gonzalez	LASL	00:42.30
37	Gioia Sallustio	LASL	00:44.15
37	Rhianne Mackenzie	HCOM	00:44.38
37	Alyssa Abraham	PIN	00:47.89
38	Kirk Shaw-Muller	VAL	00:33.62
38	Louis-Simon Hubert	LASL	00:37.58
38	Nicholas Boudreau	HCOM	00:40.23
38	Eric Gilmartin	VAL	00:40.63
38	Devin Taylor	HYC	00:42.55
38	Philippe Primeau	LASL	00:43.05
38	Julien Laurendeau	PIN	00:44.33
38	Andrew Oster	HCOM	00:46.36
38	Mattie Carroll	HYC	00:48.69
38	Empty Lane	WLRC	08:08.08
38	Empty Lane	SENVL	08:08.08
38	Empty Lane	PIN	08:08.08
38	Empty Lane	PVPC	08:08.08
38	Empty Lane	WLRC	08:08.08
38	Empty Lane	PVPC	08:08.08
38	Empty Lane	SENVL	08:08.08
39	Miyoko Fulleringer	WLRC	00:30.58
39	Cassandra Milonas	HCOM	00:32.05
39	Molly Mccullough	VAL	00:32.11
39	Taryn Carroll	HYC	00:33.10
39	Katie Boutilier	VAL	00:33.74
39	Michelle Lemoeligou	LASL	00:34.06
39	Victoria Smith	SENVL	00:36.03
39	Alivia Goldenberg	HYC	00:36.34
39	Michelle McKenzie	WLRC	00:36.36
39	Dora Bartulovic	PVPC	00:36.59
39	Andrea Falvo	PVPC	00:38.56
39	Leila Bast	HCOM	00:39.34
39	Shanna Lauzon	LASL	00:39.37
39	Stephanie Whipple	PIN	00:47.37
39	Empty Lane	SENVL	08:08.08
39	Empty Lane	PIN	08:08.08
40	Patrick Lanouette	VAL	00:27.16
40	Kassy Fillion	LASL	00:31.02
40	David Reid	SENVL	00:36.54
40	Louis-Michel Dubreuil	PIN	00:38.37
40	Andrew Gulik	VAL	00:38.45
40	Michael Heseltine	SENVL	00:40.08
40	Connor Muir	PIN	00:43.96
40	Nicholas Mascaro	WLRC	00:47.58
40	Empty Lane	HYC	08:08.08
40	Empty Lane	WLRC	08:08.08
40	Empty Lane	HYC	08:08.08
40	Empty Lane	HCOM	08:08.08
40	Empty Lane	PVPC	08:08.08
40	Empty Lane	LASL	08:08.08
40	Empty Lane	HCOM	08:08.08

40 Empty Lane	PVPC	08:08.08
41 Patricia Lanoue	VAL	00:28.62
41 Sandra Warren	SENVL	00:30.44
41 Lianna Myrand	WLRC	00:31.57
41 Caroline Hebert	HCOM	00:32.24
41 Nicola Smith	HCOM	00:32.37
41 Shauna Feehan	PVPC	00:32.51
41 Caitlin Gordon	VAL	00:32.58
41 Marie Noelle Beaulieu	PIN	00:32.99
41 Vanessa Grillo	PVPC	00:33.37
41 Lauren Curtis	HYC	00:34.45
41 Alexandra Lemieux	SENVL	00:36.19
41 Jackie Ducross	WLRC	00:36.45
41 Isabelle D`Amour	PIN	00:36.66
41 Sandra Verdon	LASL	00:38.73
41 Empty Lane	HYC	08:08.08
41 Empty Lane	LASL	08:08.08
42 Jf Mondoux	PVPC	00:25.40
42 Alex Davidson	VAL	00:26.57
42 Christopher Jackson	LASL	00:27.09
42 Steven Pileggi	VAL	00:28.16
42 Mike Igaz	HCOM	00:28.40
42 Dan Igaz	HCOM	00:29.60
42 Scott Mant	SENVL	00:30.41
42 Ryan Kelly	WLRC	00:31.32
42 Jean Luc Damour	PIN	00:31.43
42 Ben Somers	PVPC	00:31.59
42 Patrick Wilken	WLRC	00:33.70
42 Ryan Maclean	SENVL	00:35.42
42 Empty Lane	HYC	08:08.08
42 Empty Lane	PIN	08:08.08
42 Empty Lane	LASL	08:08.08
42 Empty Lane	HYC	08:08.08
43 PIN 9 & 10 Girls	PIN	01:19.19
43 PVPC 9 & 10 Girls	PVPC	01:27.58
43 VAL 9 & 10 Girls	VAL	01:36.94
43 WLRC 9 & 10 Girls	WLRC	01:47.68
43 HCOM 9 & 10 Girls	HCOM	01:49.99
43 HYC 9 & 10 Girls	HYC	08:08.08
43 LASL 9 & 10 Girls	LASL	08:08.08
43 Empty Lane	SENVL	08:08.08
44 VAL 9 & 10 Boys	VAL	02:41.91
44 HCOM 9 & 10 Boys	HCOM	03:06.43
44 PVPC 9 & 10 Boys	PVPC	03:11.56
44 WLRC 9 & 10 Boys	WLRC	03:12.24
44 Empty Lane	HYC	08:08.08
44 Empty Lane	SENVL	08:08.08
44 Empty Lane	PIN	08:08.08
44 Empty Lane	LASL	08:08.08
45 VAL 11 & 12 Girls	VAL	02:41.91
45 WLRC 11 & 12 Girls	WLRC	03:06.43
45 HYC 11 & 12 Girls	HYC	03:11.56

45 HCOM 11 & 12 Girls	HCOM	03:12.24
45 LASL 11 & 12 Girls	LASL	08:08.08
45 SENVL 11 & 12 Girls	SENVL	08:08.08
45 PVPC 11 & 12 Girls	PVPC	08:08.08
45 PIN 11 & 12 Girls	PIN	08:08.08
46 VAL 11 & 12 Boys	VAL	02:05.37
46 LASL 11 & 12 Boys	LASL	02:07.11
46 PIN 11 & 12 Boys	PIN	03:06.42
46 Empty Lane	HYC	08:08.08
46 Empty Lane	WLRC	08:08.08
46 Empty Lane	SENVL	08:08.08
46 Empty Lane	HCOM	08:08.08
46 Empty Lane	PVPC	08:08.08
47 HCOM 13 & 13 Girls	HCOM	02:05.37
47 WLRC 13 & 14 Girls	WLRC	02:07.11
47 VAL 13 & 13 Girls	VAL	03:06.42
47 PVPC 13 & 13 Girls	PVPC	08:08.08
47 LASL 13 & 13 Girls	LASL	08:08.08
47 PIN 13 & 13 Girls	PIN	08:08.08
47 Empty Lane	HYC	08:08.08
47 Empty Lane	SENVL	08:08.08
48 VAL 13 & 14 Boys	VAL	02:01.99
48 PIN 13 & 14 Boys	PIN	02:16.44
48 LASL 13 & 14 Boys	LASL	02:34.13
48 Empty Lane	HYC	08:08.08
48 Empty Lane	SENVL	08:08.08
48 Empty Lane	HCOM	08:08.08
48 Empty Lane	PVPC	08:08.08
48 WLRC 13 & 14 Boys	WLRC	09:09.09
49 VAL 15 and over Girls	VAL	02:01.99
49 PVPC 15 and over Girls	PVPC	02:16.44
49 PIN 15 and over Girls	PIN	02:34.13
49 SENVL 15 and over Girls	SENVL	08:08.08
49 WLRC 15 and over Girls	WLRC	08:08.08
49 LASL 15 and over Girls	LASL	08:08.08
49 Empty Lane	HYC	08:08.08
49 HCOM 15 and over Girls	HCOM	09:09.09
50 VAL 15 and over Boys	VAL	01:37.09
50 LASL 15 and over Boys	LASL	01:41.41
50 PVPC 15 and over Boys	PVPC	01:46.86
50 WLRC 15 and over Boys	WLRC	01:49.70
50 SENVL 15 and over Boys	SENVL	01:53.96
50 Empty Lane	HYC	08:08.08
50 Empty Lane	PIN	08:08.08
50 Empty Lane	HCOM	08:08.08